



## Get Some Soul Connection & Transform Your Life

Join us for a day of learning and practice in connecting with what's important – your Self.

Email [info@illuminateyourself.com.au](mailto:info@illuminateyourself.com.au) to say 'Yes' or Phone

## Learn Something New and Have Fun With Mandalas, Muscle Testing and Drum Beats

Where: Engadine

When: October 11, 2008

Time: 9.30am 4.00pm

Investment: \$169

RSVP with \$50 deposit by Sept 30

(cash or card accepted)

More Info:

Sharon 0425 265 760

This workshop is designed to be practical and interactive. The theme is :

“Honoring and Connecting With Your Essential Self”

Discover powerful ways you can find peace and centeredness using ancient and contemporary tools for self awareness, healing and clearing including:-

- ❖ Mandalas
- ❖ Kinesiology
- ❖ Focus
- ❖ Drum Beat
- ❖ Shamanic Meditation