



ISSUE 5
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ILLUMINATE YOUR LIFE NEWSLETTER

Express your creativity and turn your life into a wonderful tapestry.

Julia Cameron's book, *The Artist Way*, is a beautiful reminder and a practical guide for seeing the world with appreciation and for developing your own creative power.

Julia Cameron says she teaches people to *let* themselves be creative, asserting that we are all, in fact, creative. In this book she takes the reader on a 12 week journey of self discovery using simple and practical tools.

We can express ourselves creatively in such simple ways – the way we dress and decorate our homes, how we arrange the veggies on a plate, the act of noticing the way a flag waves in a breeze or the patterns on the ground as we walk. Bringing creativity into the everyday enhances our awareness of beauty and diversity in the world we live in and in turn we make it ok for ourselves and others to be unique and authentic.

Cameron says our creativity is a connection with the Divine and as we open to it we open the Divine. It is integral to being human and a critical component of wellbeing – as important as touch and kindness. Without it you can survive but not thrive!

Your creativity is your connection to the Infinite. It's the clarity or otherwise of your channel to possibilities. It's energy. It's life force. It's certainly worth a few moments to stop and review.

For more go to Free Info on the website below.

**NEW PREMISES,
NEW WORKSHOPS
& EVENTS!**

Come and see us at [Engadine!](#)

We've joined forces with Joanne Jameson and her great staff at "[Thank you for...](#)". We're there most days incl Saturdays.

Joanne's store is a sanctuary itself - shoppers say they wish they could stay all day. You will immediately feel you have left the stress and bustle of life behind as you walk through the door. It's a treasure trove of objects to uplift your spirit and environment. Preview TYF at my website. Do visit soon as this month TYF has a range of beautiful [Himalayan Salt Lamps](#) at amazing prices.

We have also started a [Discussion Group](#) and will soon be having a [One Day Workshop](#) titled [Soul Connection](#). Go to the website to get a flyer or more information.

"Are you achieving success on your own terms?"

Call me today to talk about your ideal life and how you can make it happen.

Soul Circle – a discussion group interested in matters of spirit

Come along to our meeting – Saturday August 9, 2008 at Noon

We're also meeting at Engadine on Aug 26 (Tues) at 10am and Aug 30 (Sat) at Noon

More info at the website.

CONTACT DETAILS

Thank you for...

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